

"I alone cannot change the world, but I can cast a stone across the waters to create many ripples."

Mother Theresa

INTRODUCTION TO ASPIRE

Aspire Consulting and Training Ltd is committed to providing results driven and innovative learning solutions adding true value to all customers to support their growth in people, processes and performance.

Aspire specialises in global consulting and learning, working with multi-national organisations and government departments across the world. We have a reputation for providing high quality bespoke and accredited programmes for our customers to support their leadership teams, strategic thinking and wide range of learning and development programmes to ensure their people are at the forefront of their sectors.

Aspire is a trusted partner to many leading organisations both in the UK and internationally. our focus on ensuring your organisation understands the return on investment it should achieve from the programmes we deliver is paramount to the success of our future relationships with all our customers.

Our unique approach to designing bespoke learning and development solutions for our customers enables us to design, in conjunction with experts in that field, a truly tailored solution that maximises your return on investment. We believe that 'one size fits no one' when designing impactful courses that are focussed on changing the behaviours of individuals to impact on business results/performance.

We deliver a vast number of training programmes with a small selection below to offer a flavour of what we do:

- Becoming Management Material
- Strategic Leadership
- The Art of Influence and Negotiation
- Sales, Marketing and Branding
- Improving the Customer Experience
- Developing a Strategic Business
- Digital Business
- Lean Process Improvement
- Project Management
- Crisis and Risk Management

Below are several organisations we are currently or have supported with their development:

- The Environment Agency
- JCB
- Ministry of Transport Vietnam
- Jaguar Land Rover
- Total Cambodia

- Mavbank
- Exxon Mobile
- Ministry of Oman
- Western Digital
- Malaysian Airways

Our experience and knowledge of different industry sectors offers us a unique position when working with our clients, as we can explore the true heart of the business and build our relationship, your people and your business in a dynamic and proactive way.



PURPOSE OF THE PROGRAMS

Being competent and well-performing teacher is one of the most important resources in any educational institution. The teacher is considered the professional agent and the most directly responsible person in the process of learning; they are the ones in charge of making/helping students learn and benefit or suffer from the quality of his teaching.

Given this, the teacher and the quality of their teaching is always under discussion and receive prevalent importance in education.

Our interventions support the Continued Professional Development (CPD) for teachers as it is recognised that in some countries teacher development is not always at the forefront of the school development. therefore our programs have been designed to support these teachers without being intrusive, but being challenging.

"Only the most agile "Only the most agile organisations those in educational while foot in while with one left will be left teachers with will be teachers the past will be the behind."

Jay Acharya



Removing Low Level Disruption to Improve Learning 2 Days

Low-level disruption is the bane of the school teacher's working life. This course will offer realistic solutions that have been proven to work for keeping students on task and minimising costly low-level disruption. We will engage with six methodologies to prevent hundreds of hours being wasted by students' off-task behaviour. This isn't a behaviour management course that sells just a single way of dealing with all cases of low-level disruption. Quite the opposite, it will provide a variety of solutions to low-level disruption that will be demonstrated, and teachers can reflect upon which technique works for them.

This course aims to:

- Explore the six major strategies used to reduce low-level disruption
- Consider the advantages and disadvantages of each system
- Learn how to tailor each strategy to the way you teach
- Provide a wealth of behaviour management tips that you could use tomorrow

Course Outline:

The Teacher-Student Relationship

- What do you do with the first 10 minutes of the lesson?
- Boundaries and routines that work
- Voice and body language. Why you need to look and sound the part
- The 'effective ladder'

Solutions to Difficult Situations

- Classroom management during oral work
- The 'Canton system' explained, analysed and demonstrated
- Dealing with confrontation the realist guide
- · The 'Reinbeck system' explained, analysed and demonstrated

More Advanced Techniques

- Assertive discipline properly explained
- Dealing with hot-spots most effectively
- Tough love and academic Rigour... yes, we do need to retain both.
- · Lesson plans that inspire and contain no box ticking



Behaviour Management Masterclass 2 Days

This innovative course contains straight-talking, myth-busting, back-to-basics, step-by-step common sense from start to finish. It is a no-holds-barred look at why lessons go wrong and what we can do about it today. Expect an honest appraisal of the strategies that hold us back and an easy-to-apply antidote to the jargon that we all know just doesn't work! Practical with a capital P and brimming with pragmatism - the definitive disciplined approach is for every teacher who loves their subject and wants to teach free from disruption.

This Course Aims to:

- Rebuild teacher confidence and show you how to start afresh with difficult classes
- Analyse where and why lessons go wrong and pre-empt problems before they start
- Deal with the 'problem' class and the 'problem' individuals effectively and consistently
- Ensure sanctions are manageable and have the desired impact every time

Course Outline:

Why Routines Matter

- The things you've been told to do that DON'T work
- The things you've been told NOT to do that actually DO work
- The mistakes to avoid and the advice to ignore
- The habits to develop in light of the disciplined approach

C.A.S.H in the Classroom

- Being clear about your expectations every lesson
- Being assertive around school every day
- · Being systematic in everything you teach without fail
- Being human but never a pushover! Relationships count

But I've Been Told...

- · Dubious teaching methods to avoid
- What inspectors actually say about effective teaching
- Why good discipline and behaviour is the foundation for good learning
- Your next steps in mastering behaviour management putting the disciplined



Coping with Difficult Conversations 2 Days

Working in education can be extremely rewarding, when teams work well, and staff are able to make a difference in the classroom then great things can happen. However, as with other areas of work, there are times when being a part of the teaching professional can mean that you have to have difficult conversations. These can be challenging both professionally and personally, especially when working in schools can be so collegial. This course is about reflecting on the different difficult conversations we might face in education and making sure that attendees come away feeling confident about facing these encounters.

- To equip teachers with a clear understanding of why these conversations have to happen
- To allow teachers to investigate the range of skills needed to be effective communicators
- To understand the challenges of working in a close community
- To tackle the highs and lows of working with your team
- To help you cope with tough situations and be able to respond with confidence
- To recognize the importance of setting clear goals for yourself

Course Outline:

Working with Colleagues

- Can't we all just get along? Should we be friends with our colleagues?
- When things go wrong. Coping with different points of view
- What would you do in a range of different scenarios?
- Bringing People with you managing change

Understanding yourself

- Developing better communication skills to give you confidence
- · Giving and receiving better feedback what really matters
- Being a better listener skills for more productive conversations
- The Do's and Don'ts of Conversations

Working with the Wider Community

- Challenging conversations with parents
- Being ready for different encounters what's your end goal?
- Reflecting on your own strengths & weaknesses
- Top Tips to create your own action plan for your own context



Improving Classroom Performance 2 Days

If you are looking for buzz words, jargon and excuses for underachievement, please move on. If you are looking for a truly inspirational course that's been proven to deliver, look no further. This course represents the philosophy and practice of Dragonfly Training which is 'hands on' learning where the pupils work harder than the teacher

- A cutting-edge synthesis of what works and what doesn't in real classrooms
- · Dozens of teaching strategies that really work
- Effective planning, the need for academic rigour and creating Language Rich Classrooms
- An understanding of what 'adaptive teaching' really looks like

Course Outline:

Laying the Foundations Correctly

- Planning the journey, the pupils take
- · The acquisition of skills and content
- · Adding depth of knowledge through constant reinforcement.
- Creating a climate for learning: what pupils really want from their teacher

Outstanding Teaching and Learning

- · Raising the bar whilst leaving no-one behind
- Getting the very best exam results

Moving on from the Basics

- · Getting them through the syllabus or SOW
- Creating effective deep learning and understanding
- Effective questioning
- Teaching with flair not ticking the boxes



An End to Passive Learning 2 Days

The lessons that have that 'X factor' are ones in which the students are not passive classroom passengers but are active learners, motivated to work independently or collaboratively and extend themselves as far as they can. This course shows you how this can be achieved.

- Systems to prevent your students from becoming passengers in lessons.
- Lessons where the students work a lot harder than they have done before!
- Practical, down-to-earth advice, tips and teaching techniques that have been proven to work.
- A clear demonstration of how buzz words, jargon and excuses for underachievement, hinder rather than help the profession

Course Outline:

Building Blocks

- 'Setting up' a lesson rules, routines and rituals that really work.
- New ideas for old favourites let's not reinvent the wheel
- Making it stick with proof! global evidence actually utilised
- On-going revision and constant reinforcement

Fully Engaged: A Practical Guide

- Student-set success criteria that are explicit but not restrictive
- Creating a climate for learning: what can we do to help and what we shouldn't
- No passengers allowed
- The best questioning techniques.... Ever

Tips, Tricks and Techniques

- The fail-safe lesson template that really works
- · Enriching your curriculum with flair, creativity and yes...content.
- Creating effective learning habits that learners can keep for the rest of their lives.



Classroom Management 1 Day

Teaching can be tricky, but this course will provide you with the winning formula. This Classroom Management Course is designed to provide the skills you need to successfully plan and teach motivating lessons, including how to develop aims with measurable outcomes, classroom management strategies, and best practices in the classroom.

This course is designed for teachers at all levels including primary and secondary and higher education. It may also be helpful for parents who want more detailed information about the development and education of children and young people.

This course provides the latest research, detailed information and practical skills and strategies important to running an effective and well managed classroom. It will give learners an in-depth understanding of the critical importance of classroom management and its role in the overall behaviour and discipline of students. The course builds on your existing capacity to manage your classroom effectively thus creating an environment that maximises learning for all students.

Course Outline:

- Basics of classrooms management
- Communication in a modern classroom
- Theories of classroom management
- Factors effect on classroom management
- · Motivation in the classroom
- Culturally responsive teaching



Growth Mindset in Teaching and Learning 2 Days

Our schools need better, more productive learners who are prepared to face the challenges of exams and tests as well as the world of work. Confident resilient learners and teachers can deliver the grades through effective implementation of Growth Mindset.

One of the most fundamental skills a learner can possess is the ability to understand how they learn, what they learn, and to be able to overcome difficulties when they don't get it right the first time. Developing a Growth Mindset for learners helps them to develop a love of learning and motivates them to be productive and proactive in approaching learning challenges. It makes learners more resilient and prepared for any type of adversity.

Dedication, hard work and an understanding of what is and could be possible with a Growth Mindset process can alleviate many challenges our schools are currently facing. It supports learner wellbeing as well as intrinsic motivation to reach the highest levels of achievement without losing confidence about the learning process and academic achievement.

Getting learners and teachers to embrace Growth Mindset can support high achievement and the willingness to go beyond the norm. Growth Mindset develops effective communication, builds self-confidence and adaptability so that learning will make them ready for exams, work and lifelong learning.

This course will also allow teachers to develop their own Growth Mindset to create a teaching culture of high expectations and a continuous path of personal and professional development.

In this course you will learn:

- The philosophy and application of a Growth Mindset approach
- Developing a Growth Mindset culture in your school
- How to develop resilient learners
- How to develop positive learning habits
- Transforming your students into independent learners with high expectations
- The effectiveness of Growth Mindset on wellbeing and mental health
- Coaching techniques to support the differentiated needs of leaners in your classrooms
- · Working with parents on the Growth Mindset approach at home
- How school staff can apply and maintain a Growth Mindset approach for their own personal and professional development.



Improving Teacher Management Techniques 4 Days

Our High-quality programme for teacher management, uses practical strategies and training for both current and future leadership roles within the education sector. Teachers on the programme will access the latest thinking around leadership and teaching, learning from experts in education from the UK, plus develop the skills and competencies required to obtain teaching success.

Covering the UK's National Standards of Excellence for Teachers Four Domains:

- Qualities and Knowledge
- Pupils and Staff
- Systems and Processes
- The Self-Improving School System

ASPIRE's Teachers Management programme will deliver an outstanding programme that will challenge, engage and improve already successful Teachers into Outstanding Teachers.

Our Programme provides high quality, high-impact leadership development for that increases confidence in Teachers, raise aspirations, secure high academic standards and empower the teaching profession.



Improving Teacher Management Techniques 4 Days

Day One Morning Session

Improving Teaching and Learning

- Introduction to UK Ofsted Criteria
- Students and Progress
- Differentiation

Afternoon Session

Leading and Improving Teaching

- Effective Teaching
- Teachers Responsibility in leading and Improving Teaching
- High Standards of Behaviour
- Classroom management relating to high-quality teaching and positive behaviour
- How to work with students and parents to improve student attainment
- Closing the gap

Day Two Morning Session

Curriculum Design

- What is a Curriculum?
- Understanding a Curriculum
 - Evaluation and Review
 - o Analysis and Comparisons
- Using Curriculums for student attainment
- How to Improve a Curriculum
- Characteristics of successful and unsuccessful Curriculum change programmes

Afternoon Session

School Leadership and Management

- Leadership and Management processes that support change in schools
- The professional qualities of effective leadership in changing situations
- Evaluating the impact of professional development
- Talent management and succession planning
- Using performance management to improve teaching
- Developing and improving leadership in your school
- Improving teamwork and developing highperforming teams



Improving Teacher Management Techniques 4 Days

Day Three

Effective School Leadership and Management

- What is the main management process in:
 - Behaviour
 - Personnel
 - o Financial management
- Governing body and leadership accountabilities
- Managing Performance
 - o Professional development
 - Sustained school improvement
 - o Managing misconduct and grievance
 - Behaviour management
 - Health and safety
 - Child protection

Day Four

Becoming a Successful Managing Teacher

- The non-teaching aspects
- How to establish yourself as a Managing Teacher
 - Building Trust
 - Gaining Credibility with more senior leadership
 - Working with Staff and Parents
- How to manage your time and maintain resilience
- Effective leadership in high-performing systems
- Understating operational and strategic planning tools
- Implementing change effectively





CONTACT US

www.aspire.me.uk

(+44) 0333 772 0369

Info@aspire.me.uk

WhatsApp (+44) 07966783643

Influence ~ Empower ~ Success

